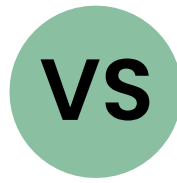


PREVENTIVE PHYSICAL VISIT



OFFICE VISIT

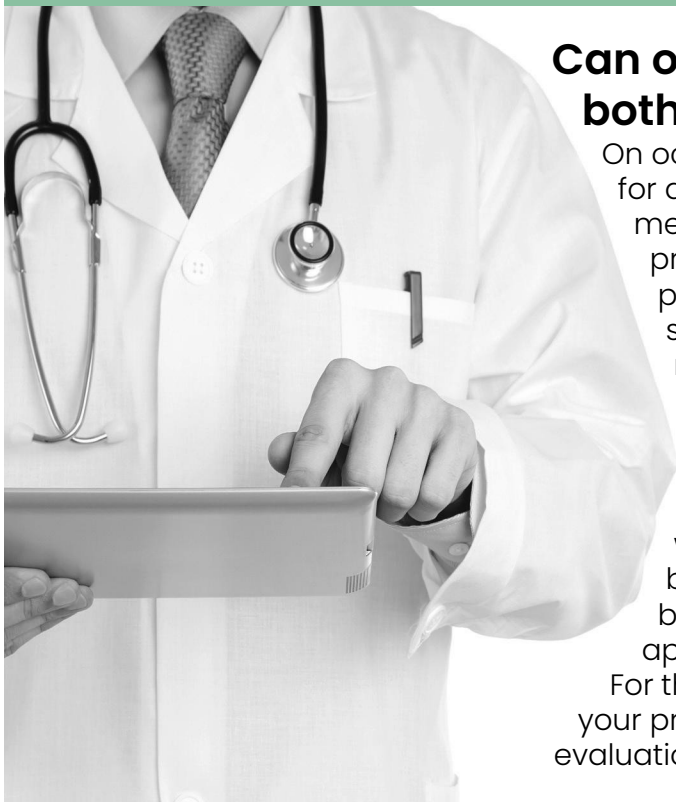
A preventive physical and an office visit may seem like the same thing, but these two services are very different. Understanding the difference is important because it may affect your costs.

PREVENTIVE PHYSICAL

- A thorough review of your health and well-being.
- Your medical provider will perform a complete physical exam and provide suggestions to improve your health including changes to your diet, exercise routine or disease screenings. Many routine lab tests are not covered under preventive benefits.
- Typically, most insurances cover preventive physicals at no charge. Log in to your insurance member portal to view your plan's preventive health benefits, or call the business office at (928) 333-4368.

OFFICE VISIT

- An appointment to discuss specific, new or existing health problems.
- Your medical provider may prescribe X-rays, labs, refer you to a specialist or discuss treatment options. Many routine lab tests are not covered under preventive benefits.
- Depending on your benefits, an office visit usually results in additional costs to you. For plan-specific information, log in to the member portal of your insurance plan or call the business office at (928) 333-4368.



Can one appointment be considered both a physical and an office visit?

On occasion, one appointment can meet the requirements for a preventive visit and an office visit. If this happens your medical provider will submit a charge for both a preventive physical and an office visit. If your preventive physical includes consultation or treatment for a specific condition, your provider is legally required to report additional medical services on your bill.

How does this affect you?

Combining a preventive physical and an office visit will save you time by eliminating an extra appointment but it may affect your costs. WMRMC must bill your visit based on both the reason you scheduled the appointment and what is done during the appointment. For this reason, it is important to remember when you see your provider for a physical, something more than a general evaluation could cost extra.